

AMY OLSON

LCSW | CEDS-S



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Awards

- Recipient of 2016 **Teachers Academy Fellowship, American Psychoanalytic Association**

Affiliations

- Member of the **Association for Psychoanalysis in Clinical Social Work**
- Member of **the International Association of Eating Disorders Professionals**

Continuing Education Highlights

- Eating Disorders, Compulsions & Addictions Program, William Alanson White Institute (currently matriculated)
- Intensive Psychoanalytic Psychotherapy Program, William Alanson White Institute (2021)
- Smart Body, Smart Mind Nervous System Rewire Program (2021)
- Certificate in Guided Drawing, Institute for Sensorimotor Art Therapy (2019)
- Certified Dancing Mindfulness Facilitator, Institute for Creative Mindfulness (2018)
- Advanced Training in Clinical Consulting, International Psychotherapy Institute (2017)
- Approved Supervisor (CEDS-S), International Association of Eating Disorders Professionals (2015)
- Foundations of Psychoanalytic Couples Therapy, International Psychotherapy Institute (2013)
- Franklian Attitudinal Change, Viktor Frankl Institute of Logotherapy (2012)
- Franklian Psychology, Viktor Frankl Institute of Logotherapy (2011)
- Certified Eating Disorders Specialist (CEDS), International Association of Eating Disorders Professionals (2007)

Clinical Experience

Clinic Social Worker

Private Practice Amy Olson, LCSW, CEDS-S, PA - Cary, NC **Mar 2003 - Present**

- Psychotherapy for adults with a wide range of emotional disorders.
- Specialty treatment of eating disorders as a Certified Eating Disorders Specialist (CEDS) through the International Association of Eating Disorders Professionals (iaedp).
- Approved by the International Association of Eating Disorders Professionals to provide clinical supervision to professionals seeking credentials as Certified Eating Disorders Specialists.
- Collaborate with psychiatrists, physicians, and dietitians to plan and coordinate treatment.

Paradigm Health Services - Durham, NC

Apr 2003 – Jul 2005

- Provided individual psychotherapy for geriatric and severely mentally ill patients in assisted living facilities.

Structure House - Durham, NC

Jul 2000 – Mar 2003

- Perform psychosocial assessments, individual and group psychotherapy to residential patients with a wide range of eating problems, focus on binge eating and obesity.

Veterans Hospital - Fayetteville, NC

Jan 2000 – Jun 2000

- Intern - Perform psychosocial assessments and individual psychotherapy to veterans with a wide range of medical and mental health concerns.

Teaching & Lecturing Experience

- Bodies: Anatomy, Movement and Creativity: workshop (2020)
- Contemporary Relational Psychodynamic Psychotherapy for the Treatment of Eating Disorders: reading and study group (2019)
- Contemporary Psychodynamic Treatment for Eating Disorders: course (2018)
- Analytic Listening, lecture, Holly Hill Psychiatric Hospital, Raleigh (2017)
- Psychosexual Development: lecture, Carolina House Residential Eating Disorder Treatment Center, (2016) and the North Carolina National Association of Social Workers (2017)
- On Becoming a Clinical Social Worker and Beyond, lecture, American Association for Psychoanalysis in Clinical Social Work (2017)
- Regular series on themes related to eating disorder recovery, Structure House residential treatment center, Durham, NC (2000 – 2003)
- Teaching Fellow, Eastern New Mexico University, Department of Physical Education, Portales, NM. (1996 – 1997)
- Student Teacher, Palm Beach County School District, FL (1996)

Education

Master of Social Work

2000

- Florida State University - Tallahassee, FL

Master of Science: Physical Education and Athletic Administration

1998

- Eastern New Mexico University - Portales, NM

Bachelor of Science: Health Education

1996

- Florida State University, Tallahassee, FL